Committee

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Director, NIT Silchar

Patrons — Prof. Asim Roy
Registrar, NIT Silchar
Prof. Lalit Chandra Saikia
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Prof. Rabul Hussain Laskar
Dean (Research &Consultancy)
Prof. Ashim Kanti Dey
Dean (Faculty Welfare)
Prof. Upendra Kumar
Dean (Student Welfare)
Prof. Fazal A. Talukdar
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Chairman — HoD, EED, NIT Silchar

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Prof. B. K. Roy
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Dr. Ashish Paramane
Dr. S. Sreekumar
Dr. A. Devanshu
Dr. M. Balimidi
Dr. Vivekanandan S
Dr. M. Diwakar Naik
Dr. Sunil K. Mishra

Important Dates

Last Date of Registration: 28-Jan-2026
Workshop Dates:
30th Jan. to 03rd Feb. 2026

Registration

Registration Fee: Nil

Register Online through the below link:
https://forms.gle/3DjKnyj148SmzSuY8

Note: Certificates will be issued only to the registered participants with a minimum of 80% attendance throughout the program.

Eligibility of Participation

The workshop is open to all. Students, faculty members, research scholars, professionals from all disciplines, and family members of all faculties and staffs are welcome to participate. No specific academic, technical, or professional qualifications are required. The workshop is intended for individuals interested in self-development, conscious living and inner growth.

Contact Details

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5-Days Workshop On Rising Beyond: Humanity's Journey to Perfection (RISE 2026)

30th January to 03rd February 2026

Conveners

Dr. Tanmoy Malakar, EED, NIT Silchar
Dr. Biswajit Sahoo, EED, NIT Silchar

Coordinators

Dr. Debayan Sarkar, EED, NIT Silchar
Dr. Biswarup Ganguly, EED, NIT Silchar

Student POC

Shreyash Sonone -7823046966
Rahul Rajak- 7099625796

Organized By:

Electrical Engineering Department,
National Institute of Technology Silchar
in Association with
Electra society
&
Eager to Forge Ahead (India)
&
Sri Aurobindo Trust Silchar

About the Department

The Department of Electrical Engineering offers a B.Tech. programme in Electrical Engineering and an M.Tech. programme with specializations in Power and Energy Systems Engineering, Control and Automation and Power Electronics & Drives. The department also offers a Ph.D. programme in Electrical Engineering. Equipped with state-of-the-art laboratories, it provides strong academic and research training to undergraduate, postgraduate, and doctoral scholars. The faculty members have expertise across diverse areas of Electrical Engineering and actively promote a vibrant research culture. The department also undertakes sponsored R&D projects supported by various funding agencies, contributing to advanced research and technological development.

About NIT Silchar

National Institute of Technology, Silchar is one of the 31 National Institutes of Technology of India and was established in 1967 as a Regional Engineering College in Assam. In 2002, it was upgraded to the status of National Institute of Technology and was declared as Institute of National Importance under the National Institutes of Technology Act, 2007. NIT Silchar is a fully residential campus situated on the banks of river Barak and on a sprawling campus spread over 625 acres of land surrounded by scenic tea gardens on the outskirts of Silchar. NIT Silchar is a teaching and research institute which reflects in the top NIRF rankings.

About Electra Society

Electra Society is the official society of the Electrical Engineering Department at NIT Silchar, one of the most reputed departments of the institute, known for its strong academic foundation and excellent industry interface. Electra Society actively fosters innovation, technical excellence, and holistic development through workshops, competitions, seminars, industrial visits, and collaborations with leading professionals and organizations in the field. Through events like hackathons, Off the Hook, and Powersurge, it bridges theory and practice, fosters innovation, and builds industry-ready talent.

About the Workshop

"Rising Beyond: Humanity's Journey to Perfection" is a reflective and experiential workshop to be held at NIT Silchar, inspired by the vision of Sri Aurobindo and The Mother. The workshop invites students, educators, and young seekers to explore the deeper purpose of human life in the light of conscious evolution and integral growth.

In a world marked by rapid technological change, increasing stress, and a growing sense of fragmentation, this workshop seeks to reconnect participants with the inner foundations of clarity, balance, and aspiration. Through interactive sessions, reflective discussions, and practical insights, participants will engage with themes such as self-discovery, ego and the true self, emotional well-being, purposeful living, and the integration of material life with spiritual growth.

The workshop explores Sri Aurobindo's vision of humanity's evolution toward harmony and unity, highlighting youth as conscious agents of change. It guides participants from inner awareness to purposeful action, inspiring them to align their lives with higher values and a brighter collective future.

Workshop Objectives

- To familiarize participants with the life, work, and vision of Sri Aurobindo and The Mother in today's context.
- To explore the future vision of humanity, education, and human unity.
- To develop awareness of the science of conscious living for balance and integral growth.
- To strengthen mental wellness and emotional resilience in daily life.
- To equip participants with integral approaches to manage anger, stress, and depression.
- To facilitate self-discovery and clarity by understanding ego and the true self.
- To inspire the courage to live authentically and to redefine success beyond society's imposed norms.
- To support the integration of career, life, and inner growth.
- To help participants navigate the dilemmas of human relationships through self-awareness, emotional maturity, and conscious engagement.
- To promote purposeful living through conscious habits and daily spiritual practice.
- To inspire youth to become active contributors to conscious evolution and a harmonious future.

Resource Persons

- Mr. Rajesh Kumar Sahoo, Eager to Forge Ahead
- Mrs. Lipika Rath, Eager to Forge Ahead
- Mrs. Mahamay Dev, Sri Aurobindo Trust Silchar
- Prof. Prodipto Das, Sri Aurobindo Trust Silchar
- Dr. Nishikant Patoa, Sri Aurobindo Trust Silchar
- Mrs. Saswati Ray, Sri Aurobindo Trust Silchar
- Dr. Biswajit Sahoo, EED, NIT Silchar

About Eager to Forge Ahead (India)

Eager to Forge Ahead is a collective initiative of spiritual seekers inspired by The Mother and Sri Aurobindo, committed to collaboration, unity, and collective progress. Rooted in Their teachings, the initiative seeks to foster individual and collective transformation through conscious work, spiritual education, and harmonious living, with the vision of co-creating a luminous and harmonious new world. Their teachings are shared widely and faithfully—free from distortion and presented in a simple, universal manner—through study circles conducted in homes, schools, institutions, villages, and Sri Aurobindo Society centres in India and abroad. In a world marked by division and despair, Eager to Forge Ahead aspires to embody Their light, allowing inner transformation to radiate outward for the upliftment of humanity.

About Sri Aurobindo Trust Silchar

Sri Aurobindo Trust, Silchar, Assam is an independent spiritual and cultural organisation dedicated to the ideals and teachings of Sri Aurobindo and the Mother. Rooted in the vision of integral transformation of life, the Trust works to promote spiritual awakening, value-based living, and holistic education through regular study circles, talks, cultural programmes, and community-oriented activities. While drawing inspiration from Sri Aurobindo's philosophy of Integral Yoga, the Trust functions autonomously, nurturing an atmosphere of aspiration, self-discipline, and service. Through its activities, Sri Aurobindo Trust, Silchar seeks to contribute to individual inner growth and collective harmony in society.

Schedule for 5-Days Workshop On
Rising Beyond: Humanity's Journey to Perfection (RISE 2026)
30th January to 03rd February 2026
Organized By:
Electrical Engineering Department, National Institute of Technology Silchar
in Association with Electra Society & Eager to Forge Ahead (India) & Sri Aurobindo Trust Silchar

DATE/TIME	SESSION DETAILS			
30TH JAN. 2026 (FRIDAY) Day-1	**TIME: 04.30 PM** Inauguration of the Workshop	**TIME: 05.00 PM – 05.30 PM** **Speaker:** Mrs. Saswati Ray Sri Aurobindo Trust Silchar **Topic:** Life and Vision of Sri Aurobindo & The Mother: A Timeless Guidance for a Changing World	**TIME: 05.35 PM – 06.15 PM** **Speaker:** Mrs. Lipika Rath Eager to Forge Ahead **Topic:** A Call to the Youth of India	**TIME: 06.20 PM – 07.00 PM** **Speaker:** Mr. Rajesh Kumar Sahoo Eager to Forge Ahead **Topic:** Need of the Hour
31ST JAN. 2026 (SATURDAY) Day-2		**TIME: 10.00 AM – 10.40 AM** **Speaker:** Mrs. Lipika Rath Eager to Forge Ahead **Topic:** The Science of Living: Aim of Life	**TIME: 10.45 AM – 11.15 AM** **Speaker:** Mrs. Mahamaya Dev Sri Aurobindo Trust Silchar **Topic:** The Science of Living: Mental and Emotional Well-Being	**TIME: 11.20 AM – 12.00 PM** **Speaker:** Mr. Rajesh Kumar Sahoo Eager to Forge Ahead **Topic:** Dealing with Anger, Stress and Depression: An Integral Approach
01ST FEB. 2026 (SUNDAY) Day-3		**TIME: 10.00 AM – 10.30 AM** **Speaker:** Dr. Biswajit Sahoo, NIT Silchar **Topic:** Knowing Oneself: A Journey Within	**TIME: 10.35 AM – 11.15 AM** **Speaker:** Prof. Prodipto Das, Sri Aurobindo Trust Silchar **Topic:** Self-Discovery: Ego and the True Self	**TIME: 11.20 AM – 12.00 PM** **Speaker:** Mr. Rajesh Kumar Sahoo Eager to Forge Ahead **Topic:** The Dilemma of Human Relationship
02ND FEB. 2026 (MONDAY) Day-4		**TIME: 05.00 PM – 05.30 PM** **Speaker:** Dr. Nishikant Patoa, Sri Aurobindo Trust Silchar **Topic:** Integrating Material and Spiritual Growth	**TIME: 05.35 PM – 06.15 PM** **Speaker:** Mrs. Lipika Rath Eager to Forge Ahead **Topic:** Integral Education: The Education of the Future	**TIME: 06.20 PM – 07.00 PM** **Speaker:** Mr. Rajesh Kumar Sahoo, Eager to Forge Ahead **Topic:** Facing Fear and Redefining Success: Living Beyond Social Conditioning
03RD FEB. 2026 (TUESDAY) Day-5		**TIME: 05.00 PM – 05.45 PM** **Moderator:** Mr. Rajesh Kumar Sahoo, Mrs. Lipika Rath Eager to Forge Ahead **Topic:** Q & A Session	**TIME: 05.50 PM – 06.30 PM** **Speaker:** Dr. Biswajit Sahoo, NIT Silchar Mrs. Lipika Rath, Eager to Forge Ahead **Topic:** Rising Beyond: Humanity's Journey to Perfection	**TIME: 06.30 PM – 07.00 PM** Valedictory of the Workshop