NATIONAL INSTITUTE OF TECHNOLOGY SILCHAR

Acad-112/18   **NOTICE**   **DATE: 30.01.26**

As per the decision of the Senate, YOGA is a compulsory one semester credit course for all the students with effect from 2018 entry batches. To get the degree a Pass grade is needed in this course.

The time table for the YOGA course for PG (1st semester) and UG (2nd semester)2025 programme for the current session is given below:

Programme	Department	Days	Time 6:00 pm to 6:45 pm Place : SAC Building	Time 6:45 pm to 7:30 pm Place: SAC Building
UG (B.Tech)	B.Tech(Computer Science Engg. & Electronics And Instrumentation Engg.)	Monday	Computer Science Engg.	Electronics And Instrumentation Engg.
UG (B.Tech)	B.Tech(CivilEngg. &ElectricalEngg.)	Wednesday	Civil Engg.	Electrical Engg.
UG (B.Tech)	B.Tech(MechanicalEngg. & Electronics And Communication Engg.)	Friday	Mechanical Engg.	Electronics And Communication Engg.
PG (M.Tech)	M.Tech (All department)	Sunday	Time : 7:00 am to 9:00 am CSE, EIE,ECE,ME,CE	

Concerned students 2025 (entry batch) are asked to attend the session regularly.

The YOGA course shall commence from 04.02.2026 onwards. As it is a course, minimum attendance of 75% is required.

30.01.2026
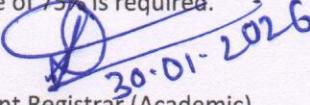
Assistant Registrar (Academic)

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